

### **Getting Started at Western Cape Off-Road club**

#### Step 1: Club Membership

Complete the membership form available on www.racecontrol.co.za

2024 Membership fees (R 1000 - Adults, R 600 for under 18)

Email completed form with proof of payment to <a href="mailto:clubsecretary@wcocracing.co.za">clubsecretary@wcocracing.co.za</a>

Paid up members will get into the draw for the year end Cash Prize and the Year Championship

## Step 2: MSA License

Go to https://www.msaonline.co.za/

- a. Register
- b. Medical Declaration
  - a. if you are over 50 and you hold a National or International License, you will need to submit an ECG test to MSA every 5 years before your medical declaration will be approved so this is a 2 day process.
  - b. If you are on any chronic medicine, your declaration will stay pending email Rashaad@motorsport.co.za with a list of medicine/conditions and he will approve your medical declaration after which you can continue
- c. Complete Indemnity
- d. Declare club joined in step 1 for this you will need to be a member of ANY MSA Affiliated Club
- e. Purchase
  - a. Select type (Cross Country You can ride offroad/enduro and MX with this license. Also specify if it's a club/Regionals/National License. This will depend on the class you ride and if it falls under a club or regional class)
    - Club: R1480 for an Annual license to ride all the Offroad/Enduro/MX with the cheapest medical option
    - ii. Nationals: R3500 for an Annual license to ride all the Offroad/Enduro/MX with the cheapest medical option
  - b. Select medical insurance
- f. Pay for license (R 1460 for an Annual license to ride all the Offroad/Enduro/MX with the cheapest medical option)
- g. Alternatively, you can get a *One Event club license* (If you don't have medical aid) for R750 per event or a *One event Leisure license* (if you already have a MSA profile) for R150 or sign the indemnity proxy letter and grant WCOC permission to obtain this license from MSA on your behalf (Proof of Medical aid will need to be supplied)

## Step 3: Bike Number & Number Board Colors

Juniors (Club Licenses Only):

Club (Bikes & Quads) - Black number on Yellow backing

Seniors (Club Licenses Only):

Club (Bikes & Quads) - Black number on Yellow backing

# Step 4: Sign up for a race event.

The link for the race entries will be made public as soon as the race entries open around 2 weeks before a race. Please ensure that you follow our social media pages and is at least on one of the communication groups.

Race entries 2024: <u>www.racecontrol.co.za</u>

Chat whatsapp group: <a href="https://chat.whatsapp.com/6eqAaoPP8QAInEQUrZ4PNB">https://chat.whatsapp.com/6eqAaoPP8QAInEQUrZ4PNB</a>
Race Info Telegram group – no chatting: <a href="https://t.me/+SqbOftxW6JWv2TbA">https://t.me/+SqbOftxW6JWv2TbA</a>

## Step 4. What to take with

- Fire extinguisher min capacity 2.5 Kg per competitor.
- Environmental mat Min 50cm square. Old piece of PVC or Tarpaulin will do.
- Medical kits For sale at event.

- Medical board For sale at event.
- Hydration Pack.

# 6. Pit Lane

- No speeding in the pit lane Idling speed.
- No overtaking in pit lane unless someone is struggling with a mechanical issue in front of you.
- No refueling while sitting on bike/quad (penalty is exclusion).
- No smoking in pit area
- No fires in pit area
- No alcohol consumption in pit lane
- No practice riding around the pit area this leads to accidents!

## 7. General race etiquette

- When caught by another competitor let him/her past
- Stop at road crossing or any Stop sign place by the organizers stop 100% stationary and only proceed when safe to do so (penalty is exclusion). This will be monitored.
- Stop to assist an injured competitor.
- Report any incidents of concern such as fire / flooding etc...
- Ride within your means and full control of your machine.
- Do not venture onto the route to fetch someone or broken bike without the COC permission.
- Report to the medics if you have fallen very important, you cannot claim later if you did not register with the
  medics at the event!
- Under No Circumstances can you change direction (Turn around) during the race at any time.

If you have any questions – Feel free to contact us. <u>clubsecretary@wcocracing.co.za</u> <u>or racesecretary@wcocracing.co.za</u>

**Kind Regards** 

2024 Western Cape Off Road Committee and Friends